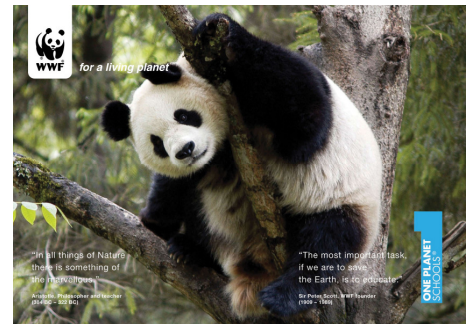




Happiness activity

Summary information

Age range:	5-11
Curriculum Links:	English, PSHE/Citizenship
Time needed:	40 minutes
Group size:	Pairs
Setting:	Indoors
Learning Cycle:	Motivation
Key vocabulary:	Consumption, environmental cost, needs, wants



Sustainable learning outcomes:

- To begin to think about consumption
- To understand that the things we buy and some of the things we do have an environmental cost

Preparation

- Teachers might wish to provide the headings on the sheets of paper given to the pupils e.g. 'Things that make us happy', 'Being kind', 'Playing' etc.

Resources needed

- Internet access to see photos and video,
- large sheets of paper

Procedure

- Explain that you are going to be use the large sheets of paper to make notes about the things that make us happy.
- Ask pupils to write examples of how 'Being kind' makes them happy.
- Watch and discuss the video about giant pandas listed under the heading 'Being kind'. Repeat for the other 'sources of happiness.'
- Ask pupils:
 - Is that something you want or is it something that you need?
 - What's the difference between a 'want' and a 'need'?



Videos and photos

Being kind

www.arkive.org/giant-panda/ailuropoda-melanoleuca/video-09e.html?offset=0px

Playing

www.arkive.org/giant-panda/ailuropoda-melanoleuca/image-G39057.html?offset=0

Having an adventure

www.arkive.org/giant-panda/ailuropoda-melanoleuca/video-17.html?offset=-426px

Having the things we need

www.arkive.org/giant-panda/ailuropoda-melanoleuca/video-08a.html?offset=-259px

Visiting nice places

www.arkive.org/giant-panda/ailuropoda-melanoleuca/video-00.html?offset=0px

- Ask pupils to write about one of the photos or videos. Ask them to explain what's happening, why they've chosen it and whether it makes them happy.

Plenary

- Invite pupils to share their work.
- Introduce the idea of the environmental cost of some of the things that make people 'happy' e.g. a new computer – it's made from natural resources like oil and metals; there are greenhouse gas emissions from the energy used to make and transport the computer, the packaging gets thrown away...
- Identify things that have a lower environmental cost.

Extension

- Ask pupils to create a picture called 'Happiness is'. Ask them to show how humans and giant pandas are made happy by similar things.

Evaluation

- Ask pupils to work with a partner.
- Create a list:
 - Things that make us happy and don't damage the environment